

The

SAINT MATTHEW'S EPISCOPAL CHURCH

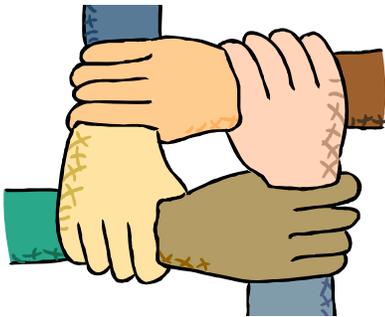
Spirit

of St. Matthew's

August 2013

Mission Statement

Our mission is to be a caring, inclusive community, centered in the Eucharist and grounded in the Gospel, so that we can reach out as Christ's hands to the world.



CONNECT

at this year's

Ministry Fair

Saints Hall

August 25

following the 10:00 service



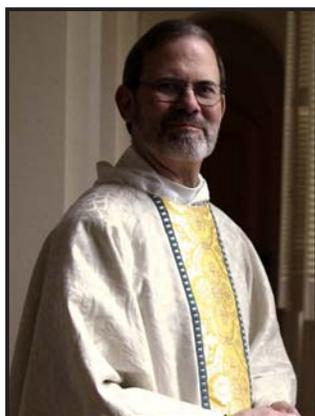
- Gather information, share stories, see the life of your parish
- Join others – How will you learn, grow and serve this year?
- Discover ways for your ministry to collaborate with others
- Find out all the fall plans and save the dates

Lunch is included!

Contact **Karen Hill** to save a space for your ministry
(khill@stmatt-ky.org • 895-3485)

PARISH NEWS

The Rev. Thomas A. Momberg, Interim Rector



Building Bridges

Ruminations from the Interim Rector
in this season of transition at St. Matthew's

**“The sharing of strengths and vulnerabilities,
without shame, fosters love.”**

- Gail Sheehy,

Passages in Caregiving: Turning Chaos Into Confidence, p. 13.

What does the ministry of care and prayer look like at St. Matthew's? How has this ministry changed over the past 65 years of your congregation's life? How is St. Matthew's being called to a deeper ministry of care and prayer, especially in this season of transition?

When Gail Sheehy was seven years old, her grandmother gave her a typewriter. Now a world-renowned author of fifteen books, her first best-seller was *Passages*, a groundbreaking book which remained on the New York Times bestseller list for more than three years and has been reprinted in twenty-eight languages. Decades later, her husband was diagnosed with a life-threatening illness, and she found herself writing about a new kind of passage. “It was an uncharted journey. I wasn't expecting it. I was not prepared. I was lost. I had to find a path.”

After caring for her husband for seventeen years, Sheehy became AARP's Ambassador of Caregiving in 2009. In preparation for her newest book, *Passages in Caregiving*, she interviewed hundreds of caregivers. As I began to read her book, I could see how I still need to learn more about the 21st-century “challenges and rewards inherent in the caregiving passage....Today's average family caregiver in the United States is a forty-eight-year-old woman who holds down a paid job (more than half work full-time) and spends twenty hours a week providing unpaid care for an adult who used to be independent.”

In July, during our first series of “Compassionate Conversations,” more than sixty members of St. Matthew's shared their stories of strength and vulnerability, their experiences of hope and new life. “When was your heart on fire at St. Matthew's?” I asked. And those who came were invited to share a story of passion and compassion. (For reflections from one long-time member and Compassionate Conversation participant, see page 3 of this issue).

In August, we'll continue telling our stories and sharing our experiences, but this time, our focus will be on care and prayer. I wonder: *How has the prayer and care you've found at St. Matthew's made a difference in your life or the life of someone you love?* Come...and bring a friend! Do sign up, so we'll know how to plan for meals we'll serve. – In Christ, Tom+



Compassionate Conversations: Building Up Christ's Body at St. Matthew's

During the week of August 4, we will begin with a snack or meal. Then we'll discuss:

CareTeams: How can we enhance our prayer & care for each other?

Choose a conversation: Monday, August 5 @ 6:15 pm
 Tuesday, August 6 @ 9:30 am
 Thursday, August 8 @ Noon

(Please sign up on the bulletin board or call the office (895-3485), so we can provide food for everyone.)

Compassionate Conversations

Like many of you, I always stop to read the articles on the wall across from the main stairway each week. A couple of weeks ago, I spied sign-up sheets for something entitled “Compassionate Conversations” and was intrigued. I went to Debbi Rodahaffer and asked her to give me a brief synopsis of what this program was all about and her enthusiasm made me want to attend!

I wasn’t sure what to expect; I am not a rainbows and unicorns type of person, so even though I had signed up I had some trepidation. Nevertheless, I attended. What transpired during those two hours made me wish we had had more time. I heard from fellow parishioners about specific events and occurrences in their lives that the community here at St. Matthew’s had in some way enriched.

The story I shared with my group occurred when I was 7. I had looked forward all day long to the pot-luck supper scheduled at church that evening. Every time the refrigerator door was opened, I saw the saran-wrapped platter of ham that we were planning to take to share. However, when my mom arrived home from work that afternoon, our babysitter informed her that my sister and I had quarreled with one another all day. My mother sent both of us to our rooms telling us that we would not be going to the pot-luck after all due to our poor behavior. I was devastated. St. Matthew’s was my social community as well as my church home and I knew I would be missing out on fun children’s activities after the dinner. I stewed about this for a few minutes and then when my mother stepped into a hot bath, I grabbed that platter of ham and walked the few miles to St. Matthew’s.

I arrived late, but was quickly given a plate of food and shoed off to join the children. A neighbor who was also a parishioner called my parents to let them know that I had arrived safely. I imagine my parents were not only worried, but furious as well. My father picked me up shortly after the phone call and my punishment was pretty devastating: no watching *The Courtship of Eddie’s Father* for 4 weeks!

I have thought about that incident many times over the years and always smile when I realize that when I ran away from home that evening, I went to be with my church family – a group of individuals who have always welcomed me with open arms.

When I walked out the door this past Tuesday evening, I was filled with a sense of pride at the compassionate behaviors of the St. Matthew’s congregation. This sacred place always reminds me of my grandmother’s kitchen; the familiar smells, the warm embraces, the love...

—Lauren Becker

Our Ministry of Hospitality Needs You!

Calling everyone interested in the hospitality of planning, designing, cooking, setting up, and/or cleaning up for two events on our horizon....The Ministry Fair on August 25 and St. Matthew’s Day on September 22.

Karen Hill and **Debbi Rodahaffer** would like to meet with every interested person....whether a long time Cooks and Bottlwasher or someone brand new to St. Matthew’s!

We will gather on Sunday, August 4 immediately following the 10:00 a.m. service, with coffee and something sweet in Meeting Room A, for all interested in the hospitality of these two wonderful parish events. To make these days special, we need everyone!

Questions or can’t attend on the 4th but want to be a part of one or both days? Contact **Debbi**, drodahaf@stmatt-ky.org) or **Karen**, khill@stmatt-ky.org, or call either of us at 895-3485.

The Ladies’ Lunch Bunch



The Ladies’ Lunch Bunch group gets together the third Thursday of each month, 11:30 a.m., at various restaurants throughout the city. All are welcome! Reservations are needed in advance so please remember to RSVP each month with **Betty Triplett**, 384-0244, and let her know if you need to carpool.

Thursday, August 15 - **Napa River Grille** in Westport Village, Westport Road.

Thursday, September 19 - **Irish Rover** on Frankfort Avenue.

The Men’s Breakfast Group

We meet at 8:30 a.m. on the third Tuesday of every month, at the **Wild Eggs** on Dutchman’s Lane across from Norton Suburban hospital. Everyone is invited!

PARISH NEWS

The Rev. Emily S. Crouch, Associate Rector



We are thrilled to welcome Rachel Held Evans as our “Dimensions of Faith” speaker in October. Rachel will be our preacher at the 10 a.m. Eucharist on Sunday, October 5, 2013, in addition to our speaker on Sunday evening.

Rachel, a blogger, writer and speaker, is authentic. On her blog she describes herself as, “A skeptic, a creative, and a follower of Jesus, figuring out this journey of faith one shaky step at a time.” I find that Rachel is able to think theologically about life, bridging the divide between very different backgrounds and faith traditions, without losing her own faith. She is a voice who listens, reflects and then responds.

You can find Rachel on Facebook, Twitter, or her blog at <http://www.rachelheldevans.com>. Her two books, *Evolving in Monkey Town*, and most her most recent book, *A Year of Biblical Womanhood*, recounts her experience trying to follow the Bible’s instructions for women as literally as possible for a year.

She has been featured on NPR, Slate, The BBC, *The Washington Post*, *The Guardian* (UK), *The Times London*, The Huffington Post, and Oprah.com, and was recently named one of *Christianity Today’s* “50 Women to Watch.”

Mark your calendars for this engaging speaker!



Happy New Year!

It’s a new programming year and I hope you will

make room in your busy schedule for music. I would love to add some additional voices to the choir this year. If you like to sing you should be in the choir!

Rehearsals begin Wednesday, August 21! Talk with me, **Barbara Ellis** (bellis@stmatt-ky.org / 895-3485) after church if you would like more information.

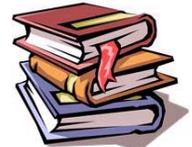
Come Sing With Us!

Much was accomplished at our Grounds Clean-up Day on June 8. Weeds were pulled....bushes trimmed....dead limbs removed....grasses pulled....ivy trimmed....dead trees cut down....gutters and drains cleared....and more! Many thanks to those who worked so hard- **Jack Carter, Bob Clark, Amy Currie, Caroline Deutsch, Nicholas Eastman, ML Gorman, Karen and Ed Hill, Greg Kuhns and Jay Redman**. If you ever want to give an hour or so to help with the maintenance of our wonderful church property, please contact us- there are always jobs- big and small- that are waiting to be done!

Thanks — **Ellen Robertson** (eorobertson@gmail.com)

New Book Study!

Richard Rohr’s
*Breathing Under Water:
Spirituality and the Twelve Steps*



“We cannot stop the drowning waters of our addictive culture from rising, but we must at least see our reality for what it is and seek to properly detach from it. The New Testament called it salvation or enlightenment.

The Twelve Step program calls it recovery.”

Join us for lunch and an introductory conversation on Sunday, August 11 following the 10 a.m. service. *Sign up on the bulletin board! (reservations strongly suggested)*

Do you know about our Tuesday morning service?

The ongoing process of transformation into an authentic human being is one reason why I attend the Eucharist at 7 a.m. each Tuesday. For me, a prayerful life requires discipline. Getting up at 5 a.m. is not easy but attending this communal experience is beneficial in my life’s journey. Please consider Tuesday morning Eucharist.

— Jay Redman

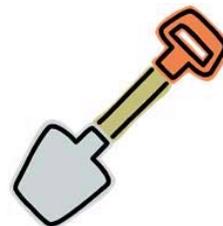
CHILDREN'S PROGRAM NEWS

Debbi Rodahaffer, Director of Christian Education

Vacation Bible School – “We Dug It?”

Many thanks to the volunteers who helped create a wonderful “archeology” week for children at Calvary Episcopal Church during our joint Vacation Bible School this summer. Our librarians, adult and youth volunteers made the week of July 14 an exciting week for learning about God’s love.

Next summer VBS returns to St. Matthew’s!



“Care Teams”

During the month of July, The Rev. Tom Momberg led three powerful sessions - “Compassionate Conversations”. The next three sessions “Care Teams” will be August 5, 6, and 8. The Monday, August 5, session will provide child care. Each session includes a meal. Parents, please make every effort to attend one session.

Blessing Preschoolers through College Professors Off to School

Sunday, August 18, during the 10:00 a.m. Eucharist, there will be a special blessing for school children, college students, teachers, professors, school administrators.....all who will be returning to classrooms or entering them for the first time. The people will be blessed and given a little something to carry in backpacks all year.

Ministry Fair - Sunday August 25, after the 10 a.m. Eucharist, stay for the Ministry Fair! Talk with your children’s church school teachers! Enroll your children in church school! Fill out permission slips and release forms for the year! Have something to eat! Chat with old friends and new! This is a perfect date to bring friends to church with you!

Church School Teachers’ training

 will be Sunday, August 18 11:15am - 12:15 pm. Training includes childcare and lunch. If you cannot attend, email **Debbi** at dlbr53@gmail.com.

Is your child ready for preschool?

 The Community Preschool of St. Matthew’s Episcopal Church is a great place for your child’s early education. Talk with preschool director, **Lauren Becker**, 650-4651.

EDUCATION FOR ALL BEGINS SEPTEMBER 8!

Details will be in the September newsletter and mailings.





St. Matt's Youth

youth@stmatt-ky.org

Web site: www.stmatt-ky.org/youth.htm

(502) 895-3485

Lynn Miller, Youth Coordinator • Zach Crouch, Youth Assistant

August

Middle School Meet and Greet for 6th-8th grade

Sunday, August 18

5:00-7:00 p.m.

Welcome our rising 6th graders, see old friends
and meet new ones.
Games and dinner!

High School Meet and Greet for 9th-12th grade

Sunday, August 25

5:00-7:00 p.m.

See old friends and meet new ones.
Games and dinner!



**SAVE
THE
DATE!**

St. Matt's Annual Road Rally - our official kick off to the youth program

Sunday, September 8

4:30-7:00 p.m.

Scavenger hunt, by car, and dinner!
Drop off at SMEC, pick up at Gattiland.
Adult drivers needed!

Service Opportunities

St. Matt's Food Pantry

SATURDAY, AUGUST 17

Anytime between 9 a.m. and 12:30 p.m.

We will miss you!

Sam Lewis –
Wake Forest University

Randy Strause –
Indiana University

This information and more is on the church web site at: www.stmatt-ky.org/youth.htm Check it out!

Questions? Email to Lynn at: youth@stmatt-ky.org

Volunteer Opportunities

Cornerstone
will resume in September

Habitat ***for Humanity***

Saturday, August 3

We will carpool to the new Habitat for Humanity Construction Warehouse.

Lunch will be served.

Stay for a half day,
9 a.m. to Noon

or a full day, 9 a.m. to 3 p.m.

(carpool from church, 8:30 a.m.)

Calvary / St. George's ***Food Collection***

Sunday, August 4

Please bring non-perishable items to the narthex (lobby) coat closet. Both food pantries depend on our donations to help them meet the increasing demand for food in our community.

Serve lunch ***at Wayside***

Sunday, August 11

12 Noon to 2 p.m.

For more information, please call **Sarah Weston**, 426-6678.

Food Pantry

Saturday, August 17

The St. Matthew's Food Pantry is the 3rd Saturday of every month starting between 10 and 11 a.m. This is a wonderful opportunity to help people who really need it.

Questions?

Call **Brian Good**, 899-9390.

SOCIAL CONCERNS

Bob Dangremond and Marie Koelsch,
co-chairs of Social Concerns

THANK YOU, THANK YOU, ***THANK YOU!***

You made it all possible.

Our 2013 Habitat for Humanity House "Raise the Roof" date is October 17-20.

Your financial assistance has made our fifth Habitat for Humanity house with our Covenant Church, Holy Trinity Roman Catholic Church, possible.

A special thanks to **Bev Weis** and the "Habitat Quilt" fundraiser, the June Special Habitat Collection, St. Matthew's Vestry, Staff and **Edie Nixon** and **Gibbs Reese** for their leadership, St. Matthew's Outreach Committee for their generous support and several private donations.

Your support is now needed to help "Raise the Roof".

Construction workers, food preparation volunteers, set-up crews, and many others are needed to make our three days of construction a success.

Make a note to reserve October 17-20 and volunteer for a day or half a day.

Sign-up sheets will be available in early September.



Cornerstone says "Thank You!"

We are also very grateful to the childcare volunteers that were omitted from last month's newsletter: **Ellen Robertson**, and **Mike, Monique and Bryce Schmitt**.

Thank you for making St. Matthew's participation in the Cornerstone Ministry possible.

Food Collection for July

We got a Big "B+"! The trunk was full. For this time of year with church attendance down, that probably should be an "A". But being married to a school teacher, she says "don't fudge on grades" so let me say its a good "B+". We just need more people in church (who bring food).

Come on folks - come to church and bring non-perishable foodstuff.

Thank you,
Don Kissling, chief food deliverer

DAILY PRAYER LIST

Note: At Morning Prayer each weekday, members of St. Matthew's congregation are prayed for by name. As members of the Christian community, we are advised to hold each other in prayer. As part of your prayers, please remember all of the St. Matthew's parish family.

Week of August 5

Joy: *James, Catherine, Chris, Alex, Charlie, Caitlin*
 Judge: *Dennis, Susan*
 Kara: *Peace, Jasper*
 Kasey: *Lindsay, Wesley, Wyatt, Kaylee*
 Kasting: *Robert, Nancy*
 Ketterer: *Kett, Alan Wernecke, Justin Wernecke*
 Keyzer: *Peter, Sanna Vitamma, Anna, Alex, Isabella*
 Kimama: *Loise*
 Kimbrough: *Brad, Sarah Emery, Edward*
 Kimbrough: *Susan*

Week of August 12

Kincade: *Kit, Joan*
 Kissling: *Don, Mary Lynn*
 Knox: *Richard*
 Koelsch: *Marie*
 Koshewa: *Angela, David Niehaus*
 Krantz: *John, Margaret, Michael, Jenny, Daniel*
 Kries: *Sarah*
 Kuhns: *Greg, Joan*
 Lambert: *Jay, Cicely, Mike, Becca*
 Larson: *Mary*

Week of August 19

Lawfer: *Marty*
 Ledford: *John, Linda Meyer, Hope Meyer Ledford*
 Ledvina: *David, Andrea, Katherine, Luke*
 Lloyd: *Russell, Vicki, Laine*
 Long: *David, Clarie, Caleb*
 Lotz: *Lauren*
 Lotz: *Rick, Jan*
 Macdonald: *Stan, Sally*
 Marshall: *Shawn, Greg Kuhn, Garrett Barry*
 Martin: *Robert, Sarah, Cora, Clare, Christine*

Week of August 26

Mathews: *Mack, Frances*
 Mayes: *Richard, Susan*
 McCord: *Walter, Betty Brooke*
 McKinney: *Bill, Martha*
 McKune: *Kate, Cullen Lowery, Hayden Lowery, Claire Lowery, Graham Lowery*
 Metcalf: *Marianna*
 Metcalfe: *Jim*
 Miller: *Eleanor Bingham*
 Miller: *Scott, Ann*
 Mitchell: *Kitty*

We pray for members of the parish family serving in the Armed Forces

Tanner Drybrough, Steven Sadler, Marcella Peterson, The Rev. Steven Pike, Milton Turner, Chuck DeHoag, Mark Jones, Christopher Jones, Ryan Campbell, Lance Lawfer, and Michael Nicholas.

Do you have a family member serving in the Armed Forces or in some form of relief work in a dangerous area? Please let us know so that we can put them on our prayer list.

Heavenly Father, We ask you to make the door of St. Matthew's Church a gateway to your eternal kingdom; and grant that all who worship in this house may also witness for you in the world outside, to your honor and glory; through Jesus Christ our Lord. Amen.

Weekday Services in the Chapel

Monday-Friday: 9:00 a.m., Morning Prayer **Tuesdays:** 7:00 a.m., Holy Eucharist **Wednesdays:** 5:30 p.m., Evening Prayer

PARISH FAMILY

Time Warner Cable vs. Insight Communications – With the purchase of Insight Communications by Time Warner, every customer with an @insightbb.com email has to undergo a change to an @twc.com address.

As you share your new email with friends and family, please send us word as well. That way you can ensure you'll continue to receive news, stories, and important information about St. Matthew's.

Please email any changes to mgalvin@stmat-kv.org.

Marriage

Stephen Robertson Hill and Kelly Nicole Morris, June 28

Deaths

Pat Shirley, July 5

We are sorry to hear about the death of

David Campbell's brother

+++ May light perpetual shine upon them +++

The next deadline for submissions to the *Spirit* is August 15.

While we appreciate all submissions, please note that the Interim Rector is the editor of the *Spirit*.

St. Matthew's Episcopal Church

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CHANGE SERVICE REQUESTED

Clergy and Staff:

The Rev. Thomas A. Momberg, *Interim Rector*
The Rev. Emily S. Crouch, *Associate Rector*
The Rev. Dr. Helen Jones, *Pastoral Associate*
Deborah Rodahaffer, *Director of Christian Education*
Mardi Galvin, *Parish Administrator*
Barbara Ellis, *Director of Music Ministry*
Lynn Miller, *Coordinator of Youth Ministry*
Karen Hill, *Coordinator of Lay Ministry*
Joanne Coleman, *Accountant*

Clergy in our midst:

The Rt. Rev. David Reed
The Rev. Moray Peoples
The Rev. Don Brown

Summer Office Hours:

Monday-Thursday:
9:00 a.m.-4:00 p.m.

Friday & Saturday:
9:00 a.m.-1:00 p.m.

Voice Mail Extensions & E-mail Addresses for the Clergy & Staff

	Phone Extension	e-mail address
The Rev. Thomas A. Momberg	x102	tmomberg@stmatt-ky.org
The Rev. Emily S. Crouch	x103	ecrouch@stmatt-ky.org
The Rev. Dr. Helen Jones	x104	hjones@stmatt-ky.org
Deborah Rodahaffer	x105	drodahaf@stmatt-ky.org
Barbara Ellis	x106	bellis@stmatt-ky.org
Lynn Miller	x108	lmiller@stmatt-ky.org
Mardi Galvin	x110	mgalvin@stmatt-ky.org
Joanne Coleman	x112	jcoleman@stmatt-ky.org
Karen Hill	x113	khill@stmatt-ky.org
The Rt. Rev. David Reed	Cell: 762-8289	xbpofky@bellsouth.net
The Rev. Moray Peoples	Cell: 836-1278	mpeoples@bellsouth.net

Parish Officers & Vestry

Gibbs Reese, *Senior Warden*
Edie Nixon, *Junior Warden*
Jay Crocker, *Secretary / Clerk*
David Brooks, *Treasurer*
Natalie Hardy, *Youth Representative*

Sam Bridge
Sarah Causey
Steve Cherry
Sarah Clement

Mike Fitzer
Gaylee Gillim
Ruthe Holmberg
Bob Huffman

Jim Moyer
Bob Nesmith
Laura Shaffer
Chris Thorne

