

Royal Tots Preschool Lesson Plan

Name: Lexy, Sabrina, Shelby, Delaney

Date of Lesson: 9-10 February 2012

Theme: Post Office

10 Concepts

1	Mail	6	Mail truck
2	Letters	7	Packages
3	Mail boxes	8	Address
4	Mail man	9	Envelope
5	Stamps	10	Mail box flag

Objectives: The Children Will

- 1 Recognize how to send letters.
- 2 Identify where the stamp and address will go.
- 3 Make mailboxes.

Large Group Transition

Creative Name: post office game

Description: put some post office items in a box pull them out one at a time and have the children guess what they are. When they get it right they can move on and go to a different activity.

Large Group Book:

Title: The Post Office Book: Mail And How It Moves

Author: Gail Gibbons

ISBN: 0064460290

Large Group Song:

Title: The Mailbox Poem

I went to mail a letter and slid right in the box

All that you could see of me were my tennis shoes and socks.
 I self-addressed my elbow and air-mail stamped my knee.
 Soon I would be ready for the next delivery.
 I folded like an envelope and in a day or so...
 I'll go with all the letters to Japan or Mexico.

Large Group Activity

Creative Name	Visit the Post Office via the internet
Description	The children will go into Ms. Candace room. Then they will see a video on the internet of how mail is delivered, and processed
Supplies	Video projector and internet
Task	Social Studies

Snack Group

Creative Name	Bread Stamps and Zip Code Smoothies
Description: (Include a description of what the child will be doing to prepare their snack.)	Each child will receive a piece of bread and colored milk and a sponge and they will make their own their creative stamp, put it in the toaster oven and eat it. Zip Code Smoothies: Check files for allergies. Have children place one teaspoon of each item, put 2 teaspoons of milk in the blender. (The number of teaspoons equal the zip code
Supplies	Sweet and condensed milk, food coloring, sponges, bread, bowls, paper towels and toaster over. Zip Code Smoothies: Milk, frozen fruit (berries); vanilla yogurt, water, ice cubes, blender. 2 milk 1 fruit 1 yogurt 1 water 1 ice cube add milk as needed
Task	Fine Motor

Six Self Selected Activities

SSA #1	Task: Math
Creative Name	Mail Sorting

Description	Place the junk mail on the table in a large bin. The children sort the mail into the shoe boxes by attributes: large, small; letters, magazines; by color, etc.
Supplies	Variety of junk mail, including letters, advertisements, magazines, etc.; several shoe boxes.
SSA #2	Task: Art
Creative Name	Bubble Wrap Painting
Description	The children paint their bubble wrap and then press a white piece of paper over it to make a print...the harder they press, the more the bubbles pop!
Supplies	Bubble wrap, paint, paper, brushes
SSA #3	Task: Science
Creative Name	Weigh Station
Description	Tell the children that postal employees have to weigh packages to determine how much it will cost to mail out a letter or package. They should then weigh their packages and letters. Which weigh more? Which is heavier? Should heavier items cost more or less? Why?
Supplies	Balance scale; envelopes and small boxes (of different sizes and shapes); items to place in the envelopes and boxes (magazines, toys from the classroom, etc.); clipboard with paper and or markers.
SSA #4	Task: Language
Creative Name	Making Letters for Letters!
Description	The children write as many of the letters as they can on index cards. The flashcards are there for them to copy if needed. They place them in envelopes and then print their friend's name on the envelope by copying the letters on the name cards. EXTENSION: Have letters of the alphabet printed on cards very lightly with pencil. The children can then trace over it to practice letter formation.
Supplies	Blank index cards, colored pencils or markers, alphabet flashcards, envelopes, sentence strips or index cards with each child's name printed on it (and a picture of each child).
SSA #5	Task: Art
Creative Name	Post card decoration
Description	Procedure: Have the children decorate one side of the index cards. They can cut out magazine pictures

and glue them on one side. They can draw with makers, or a combination of the two. When finished they can write a quick note to a family member and mail it to them. Or, they can mail it back to the school for a friend in the class.

Supplies index cards, markers, magazines, scissors, glue

SSA #6 **Task: Dramatic Play**

Creative Name Post office

Description Decorate the set as a post office and have the children act like they work in the post office and have to take the mail around to different places and people.

Supplies Things to make a post office, letters for the mail

Outdoor Self Selected Activities

OA #1 **Task: large motor**

Creative Name Post office relay.

Description Lay different post office items in a row. The children will have to go through and dress like a mail man and then pick up the mail and put it in a bag, then run down to deliver it to the house. When they get to the end they will have to run back and take everything back where they got it from so the next kid can go. They will be split into different teams and have to try to beat the other team.

Supplies Things you can find a post office.

OA #2 **Task: Large Motor**

Creative Name Field Trips

Description Take a neighborhood walk and check out mailboxes at peoples' homes: some are on porches, some on the sidewalk! Also, mail a letter in a Post Box, perhaps to the children!

Supplies Paper, Envelopes, Pencils, Stamps.

But how does the Post Office deal with that last 5%? There is a warehouse-sized office building in Salt Lake City, Utah called the Remote Encoding Center, or REC. It's the office for roughly 700 postal workers at any given time, the vast majority of which are situated at computers, looking at the scanned addresses computers can't discern. It's a round-the-clock, 365-day-a year effort. Even though it only handles a small fraction of the mail, in 2013, the USPS handled about 160 billion different parcels, according to a New York Times profile of some of the REC workers. Related: "The Post Office Book: Mail and How it Moves" by Gail Gibbons. It's a kid's book, but it could prevent future letters from being addressed to only "Grandma" and suffering a sad, unintended fate.